

List of Acceptable Foods and Beverages

List 20: Beverages Containing Only Water with 100% Juice

List 20: Beverages Containing Only Water with 100% Juice (with or without carbonation) includes water and juice beverages that meet the requirements of the state beverage statute (G.C.S. Section 10-221q) and the USDA Smart Snacks nutrition standards. Water and juice beverages are beverages that contain some portion of 100 percent juice mixed with water (with or without carbonation) and that meet the requirements summarized in the CSDE's *Requirements for Beverages Containing Water and Juice* .

Elementary schools: Portion size limit of 8 fluid ounces

Middle and high schools: Portion size limit of 12 fluid ounces

Manufacturer	Beverage item	Package or serving size (fluid ounces)	Calories	Sodium (mg)	Fiber (g)	Total sugars (g)	Vitamin C: ≤100%	Calcium: ≤10%	Potassium: ≤10%	Fiber: ≤10%	Vitamin D: ≤10%	Standard met: No other fortification	Standard met: No nutrition supplements	Standard met: No artificial sweeteners, nonnutritive sweeteners, or sugar alcohols	Standard met: No caffeine	Vendors	Product code and notes	Review date
Pepsico	Izze Flavored Juice Beverage Sparkling Apple (60% juice), 8.4 fl oz can	8.4	70	10	0	14	yes	yes	yes	yes	yes	yes	yes	yes	X	Gordon Food Service, HPC, Sysco CT, Thurston	Can UPC 0-836093-01107-0; Case (24 count) UPC 108-836093-01507-8; Does not meet meal pattern requirements for 100% juice.	1/10/24
Pepsico	Izze Flavored Juice Beverage Sparkling Blackberry (60% juice), 8.4 fl oz can	8.4	70	10	0	14	yes	yes	yes	yes	yes	yes	yes	yes	X	Gordon Food Service, HPC, Sysco CT, Thurston	Can UPC 0-836093-01102-5; Case (24 count) UPC 108-836093-01502-3; Does not meet meal pattern requirements for 100% juice.	1/10/24
Pepsico	Izze Flavored Juice Beverage Sparkling Cherry Lime (60% juice), 8.4 fl oz can	8.4	70	10	14	20	yes	yes	yes	yes	yes	yes	yes	yes	X	Gordon Food Service, HPC, Sysco CT, Thurston	Can UPC 8-36093-01085-1; Case (24 count) UPC 008-36093-01084-4. Does not meet meal pattern requirements for 100% juice.	1/10/24
Pepsico	Izze Flavored Juice Beverage Sparkling Clementine (60% juice), 8.4 fl oz can	8.4	70	10	0	15	yes	yes	yes	yes	yes	yes	yes	yes	X	Gordon Food Service, HPC, Sysco CT, Thurston	Can UPC 0-836093-01105-6; Case (24 count) UPC 108-836093-01505-4; Does not meet meal pattern requirements for 100% juice.	1/10/24
Pepsico	Izze Flavored Juice Beverage Sparkling Grapefruit (60% juice), 8.4 fl oz can	8.4	70	10	0	15	yes	yes	yes	yes	yes	yes	yes	yes	X	Gordon Food Service, HPC, Sysco CT, Thurston	Can UPC 0-836093-01104-9; Case (24 count) UPC 108-836093-01504-7; Does not meet meal pattern requirements for 100% juice.	1/10/24

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Pepsico	Izze Flavored Juice Beverage Sparkling Mango (60% juice), 8.4 fl oz can	8.4	70	10	0	14	yes	yes	yes	yes	yes	yes	yes	yes	X	Gordon Food Service, HPC, Sysco CT, Thurston	Can UPC 0-836093-01125-4; Case (24 count) UPC 108-836093-01129-2; Does not meet meal pattern requirements for 100% juice.	1/10/24
Pepsico	Izze Flavored Juice Beverage Sparkling Peach (60% juice), 8.4 fl oz can	8.4	70	10	0	14	yes	yes	yes	yes	yes	yes	yes	yes	X	Gordon Food Service, HPC, Sysco CT, Thurston	Can UPC 0-836093-01052-3; Case (24 count) UPC 108-836093-01052-0. Does not meet meal pattern requirements for 100% juice.	1/10/24
Pepsico	Izze Flavored Juice Beverage Sparkling Pineapple (60% juice), 8.4 fl oz can	8.4	70	10	0	15	yes	yes	yes	yes	yes	yes	yes	yes	X	Gordon Food Service, HPC, Sysco CT, Thurston	Can UPC 0-836093-01155-1; Case (24 count) UPC 108-836093-01157-5; Does not meet meal pattern requirements for 100% juice.	1/10/24
Pepsico	Izze Flavored Juice Beverage Sparkling Pomegranate (60% juice), 8.4 fl oz can	8.4	70	10	0	15	yes	yes	yes	yes	yes	yes	yes	yes	X	Gordon Food Service, HPC, Sysco CT, Thurston	Can UPC 0-836093-01108-7; Case (24 count) UPC 108-836093-01508-5; Does not meet meal pattern requirements for 100% juice.	1/10/24
Pepsico	Izze Flavored Juice Beverage Sparkling Strawberry (60% juice), 8.4 fl oz can	8.4	70	10	0	14	yes	yes	yes	yes	yes	yes	yes	yes	X	Gordon Food Service, HPC, Sysco CT, Thurston	Can UPC 0-836093-01135-3; Case (24 count) UPC 108-836093-01146-9; Does not meet meal pattern requirements for 100% juice.	1/10/24