DMHAS SBIRT Initiative

Screening, Brief Intervention & Referral to Treatment (SBIRT):

Trainers: Kathleen Callahan, MSW & Shannon Perkins, LMSW

Take this on-demand, online course from the comfort of your own home for 2 CECs!

SBIRT is a comprehensive, evidence-based public health practice for early intervention. SBIRT practice involves quick screenings of individuals utilizing a brief intervention to identify behaviors and motivate change, this motivation combines multiple sets of skills including Motivational Interviewing techniques and referral to additional treatment as needed.Participants should take the course if they are interested in learning more about SBIRT and how to implement SBIRT in their practice. You must take this course if you would like to participate in the 2-day training of trainers and 1-day Motivational Interviewing for SBIRT training, details to follow.

Use code SBIRT2020 to register

Click here to register!

The Connecticut Women's Consortium presents...

SBIRT: Training of the Trainers

July 28th-29th, 2020 | 9:00am-4:00pm | 12 CECs

(Participants must attend both days to receive credit and be certified as an SBIRT Trainer.)

Virtual Training



Trainers: Kathleen Callahan, MSW & Shannon Perkins, LMSW

The Training of Trainers incorporates didactic teaching, role plays, group discussion, and peer feedback to participants to train others to use SBIRT in clinical and community settings. Participants are encouraged to interact, dialogue, and practice their SBIRT skills.

*All SBIRT TOT participants are eligible to attend Motivational Interviewing for SBIRT with Don Scherling, PysD on 8/31 - save the date, more details to follow.

Click here to register!

The Connecticut Women's Consortium presents...

Motivational Interviewing for SBIRT



Trainer: Don Scherling, PsyD

August 31st, 2020 | 9:00am-4:00pm | 6 CECs | Virtual Training

This workshop will provide an introduction and overview of proven Motivational Interviewing techniques. These skills help you assess and engage clients in therapeutic conversations that decrease adversarial power struggles and enhance the integration of services for challenging clients with co-occurring disorders (mental health and substance use) and other complex problems.

Click here to register!