

May 2022

CCAR
NEW HAVEN
CONNECTICUT COMMUNITY
FOR ADDICTION RECOVERY

1435 Chapel Street
New Haven, CT 06511
(203) 672-4115

Rita Natale, Center Manager
Robert Marrera, Volunteer Manager

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Decorating Community Cleanup T shirts 10:15 am ARM 12:30 Computer basics w/Gene 2pm	3 CCAR staff meeting-center opens at 12 ARM 12:30 Gentle yoga 1:45- 2:15 Zoom 227 914 4804 Young peoples meeting 7pm	4 RC Module #1 10am Recovery Walk 10:30 am ARM 12:30 Recovery on a high note 3pm	5 Roundtable Discussion; Recovery Processes grounded in social justice with Guest Haner Hernandez 10:30 ARM 12:30	6 Volunteer Orientation 10 am ARM 12:30 Movie- Uprooting Addiction 2pm	7
8	9 Community Cleanup 10 am ARM 12:30 Computer basics w/Gene 2pm	10 TRS Training 10am ARM 12:30 Ted Talk 2 pm Young people's meeting 7pm	11 RC Module #2 10am ARM 12:30 Recovery on a high note 3pm	12 Medication options in recovery Q&A 10am ARM 12:30 Volunteer focus group 2pm	13 Group Facilitation Training 9:15 am Crafts/Connection 10:30 am ARM 12:30	14
15	16 Family/women recovery resources 9:30 Gambling Educational Event 11:15 ARM 12:30 Computer basics w/Gene 2pm	17 Professionalism Training 10 am ARM 12:30 Gentle yoga 1:45- 2:15 Zoom 227 914 4804 Young people's meeting 7pm	18 RC Module #3 10am ARM 12:30 RC Performance support w/ Phil 2pm	19 Effective Listening Group w/Ed 9:30 Phoenix social 10:45 ARM 12:30 Book Club the Four Agreements 2pm	20 Vocational Support/ America Job Center 10 ARM 12:30 Games or Crafts 2pm	21
22	23 Community Cleanup 9:30 Gambling Support 11am 738 520 747 ARM 12:30 Computer basics w/Gene 2pm	24 Receptionist Training 10 am ARM 12:30 Gentle yoga 1:45- 2:15 Zoom 227 914 4804 Young people's meeting 7pm	25 RC Module #4 10am ARM 12:30 Motivation Thrive 2pm Recovery on a high note 3pm	26 Coloring Connect 9:30 Phoenix social 10:45 ARM 12:30 Book Club the Four Agreements 2pm	27 Daily Meditation Meeting 10 am ARM 12:30 Ted talk 2pm	28
29	30 CCAR CLOSED Memorial Day	31 Community Meeting/Volunteer recognition 10:30 ARM 12:30 Gentle yoga 1:45- 2:15 Zoom 227 914 4804 Young people's meeting 7pm	<p>HOURS: Mon-Fri 8:30am-4:30pm</p> <p>RC -Recovery Coach ARM- All Recovery Meeting</p>			

RECURRING VIRTUAL MEETINGS:

All Recovery Meeting (ARM): Mon-Fri 12:30pm [Zoom ID: 738 520 747]

Friends, Families, Allies Support: Mondays at 5pm [Zoom ID: 560 608 198]

Recovery Capital: Wednesdays at 10am [Zoom ID: 849 864 80030]

Recovery on a High Note: Wednesdays at 3pm [Zoom ID: 856 929 83103]

Parents in Recovery: Wednesdays at 5:30pm [Zoom ID: 851 3570 7081]

Women's ARM: Fridays at 10am [Zoom ID: 495 736 963]