



# May 2022

## CCAR

NEW HAVEN

CONNECTICUT COMMUNITY  
FOR ADDICTION RECOVERY

1435 Chapel Street  
New Haven, CT 06511  
(203) 672-4115

Rita Natale, Center Manager  
Robert Marrero, Volunteer Manager



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Decorating Community Cleanup T shirts 10 :15 am  ARM 12:30  Computer basics w/Gene 2pm	3 CCAR staff meeting-center opens at 12  ARM 12:30 Gentle yoga 1:45-2:15 Zoom 227 914 4804 Young peoples meeting 7pm	4 RC Module #1 10am  Recovery Walk 10:30 am  ARM 12:30  Recovery on a high note 3pm	5 Roundtable Discussion; Recovery Processes grounded in social justice with Guest Haner Hernandez 10:30  ARM 12:30	6 Volunteer Orientation 10 am  ARM 12:30  Movie- Uprooting Addiction 2pm	7
8	9 Community Cleanup 10 am  ARM 12:30  Computer basics w/Gene 2pm	10 TRS Training 10am  ARM 12:30  Ted Talk 2 pm  Young people's meeting 7pm	11  RC Module #2 10am  ARM 12:30  Recovery on a high note 3pm	12 Medication options in recovery Q&A 10am  ARM 12:30  Volunteer focus group 2pm	13 Group Facilitation Training 9:15 am  Crafts/Connection 10:30 am  ARM 12:30	14
15	16 Family/women recovery resources 9:30 Gambling Educational Event 11:15 ARM 12:30 Computer basics w/Gene 2pm	17 Professionalism Training 10 am  ARM 12:30 Gentle yoga 1:45-2:15 Zoom 227 914 4804 Young people's meeting 7pm	18  RC Module #3 10am  ARM 12:30  RC Performance support w/ Phil 2pm	19 Effective Listening Group w/Ed 9:30  Phoenix social 10:45 ARM 12:30  Book Club the Four Agreements 2pm	20 Vocational Support/ America Job Center 10  ARM 12:30  Games or Crafts 2pm	21
22	23 Community Cleanup 9:30  Gambling Support 11am 738 520 747  ARM 12:30  Computer basics w/Gene 2pm	24 Receptionist Training 10 am  ARM 12:30  Gentle yoga 1:45-2:15 Zoom 227 914 4804 Young people's meeting 7pm	25 RC Module #4 10am  ARM 12:30  Motivation Thrive 2pm  Recovery on a high note 3pm	26 Coloring Connect 9:30  Phoenix social 10:45 ARM 12:30  Book Club the Four Agreements 2pm	27 Daily Meditation Meeting 10 am  ARM 12:30  Ted talk 2pm	28
29	30 <b>CCAR CLOSED</b>  Memorial Day	31 Community Meeting/Volunteer recognition 10:30 ARM 12:30 Gentle yoga 1:45-2:15 Zoom 227 914 4804 Young people's meeting 7pm	<b>HOURS: Mon-Fri 8:30am-4:30pm</b>  RC -Recovery Coach ARM- All Recovery Meeting			

### RECURRING VIRTUAL MEETINGS:

**All Recovery Meeting (ARM):** Mon-Fri 12:30pm [Zoom ID: 738 520 747]

**Friends, Families, Allies Support:** Mondays at 5pm [Zoom ID: 560 608 198]

**Recovery Capital:** Wednesdays at 10am [Zoom ID: 849 864 80030]

**Recovery on a High Note:** Wednesdays at 3pm [Zoom ID: 856 929 83103]

**Parents in Recovery:** Wednesdays at 5:30pm [Zoom ID: 851 3570 7081]

**Women's ARM:** Fridays at 10am [Zoom ID: 495 736 963]