



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>HOURS: Mon-Fri 8:30am-4:30pm</b>					1 10:00 Women's Empowerment 10:00 Men's meeting 12:00 ARM 2:00 Gratitude Group	2
3	4 10:00 Meditation 10:30 OT Students 12:00 ARM 2:00 Refuge Recovery Zoom 3:00 Effective Communication	5 <b>CENTER OPENS AT 11:30</b> 12:00 ARM 1:15 CAHS Presentation 2:30 TRS Training	6 10:00 Meditation 10:30 Willingness Wednesday w/ Brian 12:00 ARM 2:00-Recovery Coaching Performance Support w/ Phil Valentine	7 10:00 RC Module w/ Liz 12:00 ARM 1:15 Narcan training 2:30 "What's up" W/ Jimmy	8 10:00 Women's Empowerment 10:00 Men's Meeting 12:00 ARM 1:00 OT students 2:30 Craft & Relax	9
10	11 10:00 Morning Meditation 12:00 ARM 1:15 Childhood Trauma w/Ny 2:00 Refuge Recovery Zoom	12 10:00 How you livin' W/ Rosa Rosa 12:00 ARM 2:00 SMART Recovery Meeting w/ John	13 10:00 Morning Meditation 11:00 Emotional Regulation w/ Junace 12:00 ARM 1:00 RNP Problem Gambling Presentation	14 10:00 Meditation w/ music 12:00 ARM 1:15 Recovery Capital w/ Nicole 2:30 "What's up" W/ Jimmy 3:00 CASA Presentation	15 <b>CCAR CLOSED</b>  Good Friday	16
17	18 10:00 Morning Meditation 12:00 ARM 2:00 Refuge Recovery Zoom 3:00 Ambassador Training	19 10:00 How you Livin' W/ Rosa Rosa 12:00 ARM 2:00 Positive Affirmations 2:30 Webinar	20 10:00 Morning Meditation 10:30 Willingness Wednesday w/ Brian 12:00 ARM 2:00 Professionalism 3:00 Recovery on a High Note	21 10:00 RC Module w/Liz 12:00 ARM 1:15 Coping Skills with Tai 2:30 "What's up" W/ Jimmy	22 10:00 Women's Empowerment 10:00 Men's Meeting 12:00 ARM 1:15 Nicotine Addiction w/ Nicole	23
24	25 10:00 Morning Meditation 12:00 ARM 2:00 Refuge Recovery Zoom 3:00 Craft & Relax	26 10:00 How you livin' W/ Rosa Rosa 12:00 ARM 2:00 Talent show w/ TJ	27 10:00 Morning Meditation 12:00 ARM 1:30 Effective Communication 3:00 Recovery on a High Note	28 10:00 RC Module w/Liz 12:00 ARM 1:30 Resume w/ Jack 3:00 "What's up" W/ Jimmy	29 10:00 Women's Empowerment 10:00 Men's Meeting 12:00 ARM 2:00 Friday Funday	30

**RECURRING VIRTUAL MEETINGS:**

- All Recovery Meeting (ARM):** Mon-Fri 12:30pm [Zoom ID: 738 520 747]
- Friends, Families, Allies Support:** Mondays at 5pm [Zoom ID: 560 608 198]
- Recovery Capital:** Wednesdays at 10am [Zoom ID: 849 864 80030]
- Recovery on a High Note:** Wednesdays at 3pm [Zoom ID: 856 929 83103]
- Parents in Recovery:** Wednesdays at 5:30pm [Zoom ID: 851 3570 7081]
- Women's ARM:** Fridays at 10am [Zoom ID: 495 736 963]